

# Saint Sharbel Maronite Catholic Church

Saint Sharbel, Pray for Us!

1804 SE 16th Ave., Portland, OR 97214

503.231.3853

[stsharbelpdx@gmail.com](mailto:stsharbelpdx@gmail.com)

[www.stsharbel.org](http://www.stsharbel.org)



## June 16, 2024

### 5th Sunday of Pentecost



**Next Sunday**

*6th Sunday of Pentecost:*

*Apostles Peter & Paul*

**Cor 11:21-30**

**Mt 16:13-20**

## Liturgy Intentions

Sunday, June 16th, 11:00am

*Amira El Hajj*

Monday, June 17th

*Lauren El Hajj*

Tuesday, June 18th

*Sharbel El Hajj*

Wednesday, June 19th

*Available*

Thursday, June 20th

*Available*

Friday, June 21st

*Available*

Saturday, June 22nd

*Available*

Sunday, June 23rd

*+Ibrahim Khal*

*Adoration/Exposition every Sunday at 10:00 am before the morning Liturgy.*

*Confession every Sunday 10:35-10:50am before the morning Liturgy.*

*Also join us to pray the Rosary on Sundays at 10:30 am before the Liturgy begins.*

## Your Gifts To God

*Offering Report for June 2nd - 8th*

Online.....	\$750.50
Collection.....	\$772.00
Weekly Total.....	\$1,522.50

YTD Total.....\$31,966.48

YTD Goal.....\$53,084.00

YTD Difference.....**-\$21,117.52**

## Altar Sponsorship

Sunday, June 16

*Available*

Sunday, June 23

*Redmond Family*

Are you interested in representing our church at the NAM convention as a delegate? Every parish in the country sends delegates to the NAM convention who learn about what is happening in the church at the Eparchial level and how NAM can support our parish. If you are interested in going to NAM as a delegate, please contact

**Nadia Redmond [n.redmond@comcast.net](mailto:n.redmond@comcast.net)**

## Parish Council

Chair: Lydia Massaad

Sara Ashou

Eva Bekahi

Husn Karam

Michael Layoun

Nadia Redmond

Peter Rizk

Mitch Siekmann



**59th Annual NAM Convention**  
JULY 4-7, 2024 | ST. SHARBEL CHURCH  
DETROIT MARRIOTT RENAISSANCE CENTER

**DETROIT, MICHIGAN**  
MARONITES ON MISSION: CREATED. CALLED. SENT FORTH.



**CONVENTION REGISTRATION** Deadline: June 1st  
[www.namnews.org](http://www.namnews.org) | (914) 964-3070 | [info@namnews.org](mailto:info@namnews.org)  
@NationalApostolateofMaronites - NAM

**HOTEL BOOKINGS** (\$189+/Night, Single/Double)  
<https://book.passkey.com/e/50700969> | (313) 568-8000  
Canada is across the river! Bring your passports!



National Apostolate of Maronites (NAM) 2024-2025 Scholarships are now available for high school and college students. Scholarships range from \$1000 to \$2000 and opportunities to study abroad in Lebanon. The deadline is May 31, 2024. See website for forms and details:

<https://namnews.org/?Scholarships1>

## Finance Committee

Claude Karam

Doug Raab

Thaddeus Rask

## Eucharistic Congress—

The First National Eucharistic Congress in 83 years

July 17-21, 2024

Indianapolis, Indiana

[MORE INFO HERE](#)

We have at least 15 tickets **STILL**

# Parish Programs

Wanted ONE Holy Hour per Week!



Contact Nadia Redmond  
503-671-0440

-or-

Email: [n.redmond@comcast.net](mailto:n.redmond@comcast.net)

More info at:

<https://sevensistersapostolate.org/>

## MYO GAME NIGHT Saturday, July 13 | 6:00-10:00pm

Video, Board, Games, Cards, Etc.

Open to all youth Ages 13-18 to celebrate Summer! Will be at the Allam Family Home. Friends are Welcome!

Please RSVP by JUNE 28th to Gladys 503-747-8689 or [fotw@frontier.com](mailto:fotw@frontier.com)

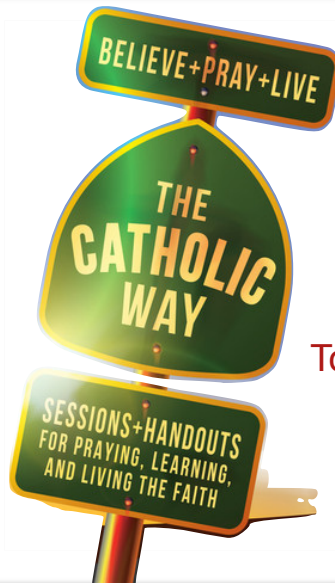
## PRAY THE ROSARY



EVERY SUNDAY BEFORE MASS WE PRAY THE ROSARY AT 10:30AM.

PLEASE JOIN US IN PERSON OR WITHIN YOUR OWN FAMILY TO PRAY THE ROSARY TOGETHER.

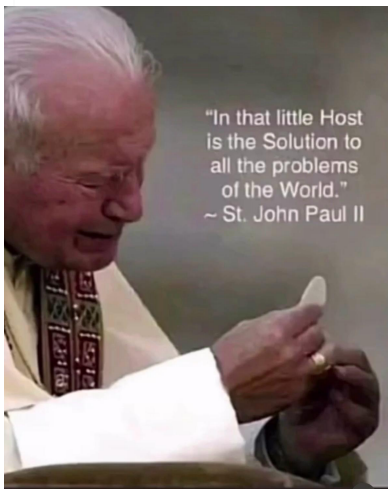
SUNDAYS 10:30AM



Cedars of St. Sharbel  
Youth Catechesis  
Ages 12-17

To begin again in the Fall, Stay Tuned!

Gennifer Karam [jmkaram3@gmail.com](mailto:jmkaram3@gmail.com)



"In that little Host is the Solution to all the problems of the World."  
~ St. John Paul II



## Maronite Young Adults (MYA)

MYA is a local chapter of a national Maronite organization for single and married men and women ages 19+

NEXT MEETING:  
TBA

For more info on the MYA, contact [Claude@trazzafoods.com](mailto:Claude@trazzafoods.com)

**EUCCHARISTIC REVIVAL ZOOM**  
*Theological Content, Testimonies & More!*

FEB 18	What's Our Story?
MAR 10	Who is Jesus?
APR 14	Am I Saved?
MAY 19	Why a Church?
JUN 23	God is With Us
JUL 14	The Story of the Eucharist
AUG 18	Bread for the Journey

Select Sundays @ 7:00 PM EST

## Religious Education

To ALL Families with children between Ages 6-11

For Information about family catechesis and sacrament preparation

Contact Nadia Redmond, Coordinator of Religious Education, [n.redmond@comcast.net](mailto:n.redmond@comcast.net)

Please continue to pray for our parish and ministries.



## Finding God in Nature

The first thing I did after leaving my previous assignment at St. Elias was go on retreat. I think it's important whenever we go through a big transition to check in with God and make sure we can hear Him throughout the process. The location I chose for the retreat was Crater Lake National Park. I stayed at the lodge on the rim of the caldera of an ancient volcano which had collapsed and turned into a lake. There are no rivers in or out of the lake. It's water comes from rain and snow-melt. It is pure, crystalline, even mirror-like on particularly still mornings. On my retreat I was alone with the lake. Each day I would wake up, offer a liturgy, arm myself with bear spray, and hike the steep snowy ledges of the volcano.

On the first day, it felt like a bit of a drag. Every hike was grueling because the ground was still covered in 7 feet of snow. However, by the third day, I noticed a change in my psyche. I could sleep easier, I felt more energized, and I was getting a kind of emotional high. My attention span increased so much that I found myself sitting on a rocking chair by the lake doing nothing but staring at its waters for an hour straight. What a contrast from how I was just a few days ago being too impatient to sit through a 30 second, action-packed youtube short. Additionally, my prayer life deepened. I found it easier to talk to God and when I did, I felt like He was listening.

The experience reminded me of an important theological truth. One of the primary ways we encounter God is through nature. It is true that Divine Revelation is Jesus Christ revealed through Scripture and Tradition, but there is another form of revelation. We might call that *natural* revelation: God revealed through nature. In the same way that we learn about an artist through his artwork, an author through his writing, and a master chef through his cooking, we can learn about God through His creation. There is a reason why great saints like Sharbel and Hardini chose to live on top of beautiful mountains with incredible views. For these saints, to see the beauty of creation was to see the face of God.

There is a special benefit to encountering God through nature. When we slow down and take time to appreciate His creation, we put our soul in the palm of God's hand and allow him to change us. We don't really have to do anything but surrender to Him, and we start to see the effects of His natural beauty on our minds and our hearts. God's beauty is like a medicine that works effectively and immediately. Hopefully we can all come to learn what it means to encounter God through nature. Especially since, as residents of the Pacific Northwest, we are living in one of the most beautiful places on earth.

—Abouna Peter

# Bulletin Sponsors



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